



Shipston Therapy Centre

Spring 2014

Spring is definitely in the air after an amazingly wet winter. Gale force winds, a month's rain in a matter of days and many wondered when it would end, particularly those whose homes were flooded. However, for most of us it is now only a memory whilst enjoying longer, lighter, dryer days.

With winter weather breaking records since they began, what about making this a good year for health, since your record began and let us help you do this.

Kate Zuill, Carol Fieldhouse and Brigitte Nix are resuming their Saturday morning clinics with some Tuesday evening sessions too. At these times, you have the opportunity to speak to them individually or together and find out how their particular approaches may help you improve your health.

Kinesiologist and EFT practitioner Kate's work includes allergy and intolerance testing. This can prove invaluable to identify the trigger if you suffer with, for example, unexplained symptoms such as bloating or itchy, watery eyes. Kate finds using EFT such an incredible way to enable clients to help themselves once she's initiated improvements for them.

Carol, homeopath and BioResonance practitioner uses specialised equipment to identify and address health issues you may have. The beauty of many styles of Complimentary therapies is that they are non-invasive and safe and this is certainly true of Carol's skills.

Brigitte Nix has established an excellent reputation, in particular for treating musculoskeletal disorders such as back, neck or shoulder pain. However, in addition to Bowen Technique and Dorn Method she has other skills available including Hypnotherapy and NLP which are great resources to help clients with.

Dates to see Kate, Carol and Brigitte:
Saturday 10th May 9.30 am to 12.30 pm
Tuesday 13th May 6 pm to 8 pm
Saturday 5th July 9.30 am to 12.30 pm
Tuesday 8th July 6 pm to 8 pm

Please note:

As time is restricted please pre-book to ensure you meet your choice of practitioner/s.



THERMAL IMAGING

Carol Fieldhouse is also the local coordinator for medicalthermalimaging.uk.com.

This is specialist work using Digital Thermal Imaging which aims to detect subtle physiological changes in the body and identify areas of concern. This style of thermography is perhaps most well known as an alternative to a mammogram however it is found to be effective for identifying issues other areas too.

Carol has arranged for this facility to be available at Shipston Therapy Centre and the next date here is Saturday 3rd May.

Do get in touch if you would like to know more or to book an appointment for this revolutionary, non-invasive approach to health - prevention is better than cure and often a change in diet or lifestyle can resolve problems found at an early stage.



Looks attractive on it's own however, with acres of it, some people are overwhelmed by the effect on them; Streaming, itchy eyes, skin rash and runny nose are just some of the symptoms often associated with this now prolific crop.

Clients find a variety of natural ways to limit the severity of their allergy including Acupuncture, Bowen Technique, Homeopathy and Kinesiology.

Kinesiologist Kate Zuill can help test for allergies such as particular Food Sensitivity, Hormones, Enzymes, Viruses, Pollens, Bacteria, Supplements and Chemicals. If a substance placed on the body weakens a previously strong muscle it indicates the body does not recognise it and will not know how to deal with it, so, reacts with the typical allergic response.

Kate's technique is simple and effective to help bring you relief.

If you would like to find out more about how we may be able to help you live a more fulfilling life please contact reception. Most practitioners are happy to offer you a free 15 minute, no obligation consultation.

Shipston Therapy Centre, 14 Market Place, Shipston-on-Stour CV36 4AG

01608 664664

www.shipstontherapycentre.co.uk